

Be Well Healthy Living Seminar

Tuesdays starting April 21 at 5:30pm-7:00pm
for four consecutive Tuesdays

April 21, April 28, May 5 and May 12

IT's FREE!!!!!!!!!!!!!!

Run by Rutgers nutrition and public health
students doing an internship in our office

Sign up or more information call, text or email

Reva Kaufman at 732-890-6312 or

revamaxinelevine@gmail.com or just leave this
form at the front desk with you information

name _____

email _____

phone _____